

# 28-DAY SIMPLE FAMILY FAITH CHALLENGE

DAY	WEEK 1	WEEK 2	WEEK 3	WEEK 4
1	Spend 3-5 minutes reading a Bible story together.	Write a letter of encouragement to someone you know who may be in need of support.	Go on a nature scavenger hunt to marvel at God's creation.	Make a list of five things that each person loves about God.
2	At dinner have each person say something they are thankful for being sure to note daily blessings or answered prayers if any.	Memorize a Bible verse as a family and discuss its significance.	Invite someone over for dinner or offer to take a meal to someone and include the kids in the process.	Throughout the day write down things everyone is grateful for and place the notes in a gratitude jar to read at the end of the day.
3	Bake some cookies or muffins together and deliver them to a neighbor's doorstep with a kind note and Bible verse attached.	Do a craft together that reflects a biblical theme or story.	Listen to worship music each time you get in the car.	Pray the Lord's Prayer before bedtime.
4	Spend 10-15 minutes in the evening to take time to worship God together through song and prayer.	Have each person pick a Fruit of the Spirit they can focus on for the day.	Pray the 5 finger prayer - people closest to you, people who guide you, people in church, people who are sick, and lastly yourself.	Have a time for creative worship art by drawing, painting, or crafting during a worship session.
5	Go on a family prayer walk together to pray for the people and needs you encounter.	Set a family prayer alarm to go off reminding everyone to stop what they're doing and pray for one another at that time.	Take some time to apologize and forgive one another for wrong that happened throughout the day.	Make a list of ten things your family needs to trust God with.
6	Have each person pick someone in the family they can serve by helping the family member they picked with a chore.	Let each person have 3-5 minutes to be the worship leader choosing their favorite songs and leading worship.	Create a family mission statement that reflects your faith and values.	Act out a favorite Bible story in a game of charades.
7	Spend time outside appreciating God's creation and discussing its beauty and significance.	Spend the day building people up through words of encouragement and affirmation.	Dedicate the day to a digital detox, spending quality time with each other and with God.	Pray through the ABCs using the alphabet to give you ideas of what to thank God for, ask God for, or confess to God.